

**PERSONAL DATA**

Name \_\_\_\_\_ Age \_\_\_\_\_ Date of Birth \_\_\_\_\_

Both Parent's names (if you are under 18) \_\_\_\_\_

Home Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home phone (\_\_\_\_) \_\_\_\_\_ Business Phone (\_\_\_\_) \_\_\_\_\_

Cell Phone (\_\_\_\_) \_\_\_\_\_ Carrier \_\_\_\_\_ SS# \_\_\_\_\_

E-mail address \_\_\_\_\_ @ \_\_\_\_\_

Occupation \_\_\_\_\_ Employer \_\_\_\_\_

Marital Status  S  M  D  W  L/W Spouse/Partners name \_\_\_\_\_

Names and Ages of Children \_\_\_\_\_

Whom may we thank for referring you to our office? \_\_\_\_\_

**REASON FOR SEEKING CHIROPRACTIC CARE**

What concerns do you feel Moore Chiropractic Office can address for you? \_\_\_\_\_

Are these concerns affecting your quality of life? (Please circle all that apply)

Work:	Y	N	Driving:	Y	N	Sleep:	Y	N
School:	Y	N	Walking:	Y	N	Sitting:	Y	N
Exercise/sports:	Y	N	Eating:	Y	N	Love life:	Y	N

**HEALTH CARE PRACTITIONER HISTORY**

Have you ever received Chiropractic care?  Y  N Name of D.C. \_\_\_\_\_

How long under care?  \_\_\_\_\_ days  \_\_\_\_\_ weeks  \_\_\_\_\_ months  \_\_\_\_\_ years

Date of last visit: \_\_\_\_\_ Why did you stop care? \_\_\_\_\_

Have you consulted or do you regularly consult any of the following providers? (check all that apply)

- Medical Physician
- Naturopath
- Acupuncturist
- Homeopath
- Massage Therapist
- Psychotherapist
- Energy Healer
- Dentist

Reason: \_\_\_\_\_

FOR WOMAN Are you pregnant? Y N Date of last menstrual period: \_\_\_\_\_

If x-rays are recommended, your signature is required (below) to verify that you are **not pregnant**.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

If pregnant, Due Date: \_\_\_\_\_ Name of OBGYN or Midwife \_\_\_\_\_

Where will you be birthing your baby?  Hospital  Home  Birthing Center  Other \_\_\_\_\_

# HEALTH, WELLNESS AND CHIROPRACTIC CARE

The primary system in the body which coordinates health is the NERVE SYSTEM. The vertebrae (bones of the spinal column) surround and protect the delicate NERVE SYSTEM. Injury to the SPINE and NERVE SYSTEM is a condition called VERTEBRAL SUBLUXATION. VERTEBRAL SUBLUXATION results in nerve malfunction due to vertebral/spinal misalignment. Vertebral Subluxations can have Physical, Emotional and Chemical causes and effects.

The information below will help us to see the types of PHYSICAL, EMOTIONAL & CHEMICAL stresses you have been subjected to in your life, how they may relate to your present spinal, nerve and health status and whether they may have caused Vertebral Subluxations to occur.

## PHYSICAL STRESS: BIRTH AND INFANCY

The birth process can traumatize a baby's spine and cause damage to the spine & nerve system. Please CHECK where and how you were birthed. (If you do not know, please skip to next question)

- Home       Natural       Hospital       Caesarian section       Forceps
- Breech       Cord around neck       Prolonged labor       Drug induced labor       Suction

## PHYSICAL STRESS: CHILDHOOD THROUGH ADULT

The minor & often ignored repetitive physical traumas that we have endured are often too numerous to list. Please list the major traumas that you remember from your childhood up to the present.

Have you had any accidents due to any of the following? (Check all that apply)

- Automobile       Motorcycle       Bicycle       Sports       Playground       Abuse

If yes, state type of injury and date:

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Have you ever hurt, broken, fractured, sprained, injured or felt pain in any bones or joints (spine, head, neck, ribs, chest, upper or lower back, pelvis or hips, legs or arms)?       Y       N

If yes, list body parts injured and dates of injuries:

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Have you ever been hospitalized or had surgery?       Y       N

If yes, state reason and dates: \_\_\_\_\_

## EMOTIONAL STRESS: CHILDHOOD THROUGH ADULT

It is difficult to separate the emotional stress in our life from the physical response that often occurs. Please indicate if you have ever or are experiencing any of the emotional stresses below:

Childhood Trauma	Y	N	Loss of loved one	Y	N	Abuse	Y	N
Work or School	Y	N	Divorce/separation	Y	N	Financial	Y	N
Lifestyle change	Y	N	Parents divorce	Y	N	Illness	Y	N

# HEALTH, WELLNESS AND CHIROPRACTIC CARE

## CHEMICAL STRESS: CHILDHOOD THROUGH ADULT

Chemical stress can occur when a substance, that is toxic to the body, is breathed, injected, taken by mouth, or placed on the skin (e.g.: food allergies, drug reactions, exposure to chemicals in the air, etc.) The following will reveal exposures you may have had.

Were you vaccinated?  Y  N If yes, did you have a reaction?  Y  N  Unsure

Have you been exposed to any of the following on a regular basis (either in the past or presently)?

- |  |  |                                       |
|--|--|---------------------------------------|
| <input type="checkbox"/> Toxic chemicals | <input type="checkbox"/> Second hand smoke | <input type="checkbox"/> Drug therapy |
| <input type="checkbox"/> Radiation       | <input type="checkbox"/> Chemotherapy      | <input type="checkbox"/> Other        |

If yes, please list: \_\_\_\_\_

Do you have allergies or sensitivities to any foods?  Y  N If yes, please list: \_\_\_\_\_

Do you presently consume any of the following?

- Coffee/caffeine  Alcohol  Tobacco  Over the counter drugs  Prescribed drugs

Please list all medications (prescribed and over the counter): \_\_\_\_\_

**Note: It is imperative that you list all medications as they may have an influence on your care.**

## QUALITY OF LIFE (presently)

- |  |                               |                               |                               |
|--|-------------------------------|-------------------------------|-------------------------------|
| How do you grade your physical health?           | <input type="checkbox"/> Good | <input type="checkbox"/> Fair | <input type="checkbox"/> Poor |
| How do you grade your emotional/mental health?   | <input type="checkbox"/> Good | <input type="checkbox"/> Fair | <input type="checkbox"/> Poor |
| How do you grade your overall "quality of life"? | <input type="checkbox"/> Good | <input type="checkbox"/> Fair | <input type="checkbox"/> Poor |

Do you exercise regularly? If yes, how often? \_\_\_\_\_

Do you take supplements? If yes, please list: \_\_\_\_\_

Do you follow a special dietary regime? \_\_\_\_\_

## YOUR EXPECTATIONS FROM CHIROPRACTIC CARE

I would like to experience the following benefits from Chiropractic Care: (Check all that apply)

- Relief of a symptom or problem
- Relief and Prevention of a symptom or problem
- Healthier spine and nerve system
- Optimal health on all levels
- OTHER \_\_\_\_\_

## Consent Form

1. I have been informed that a copy of Moore Chiropractic’s “Notice of Privacy Practices for Protected Health Information (HIPAA)” brochure is available for my review both in the office  
Yes\_\_\_ No\_\_\_
2. I understand that most care is given in an open setting. Private rooms are available upon request
3. I consent to receive communication from WFC via email, postal mail, text and telephone messaging in connection with my care. Yes\_\_\_ No\_\_\_  
If I should withdraw my consent, I will notify the office in writing.
4. I clearly understand and agree that all services rendered are charged directly to me and that I am personally responsible for payment. I agree that I am responsible for all bills incurred at this office. Yes\_\_\_ No\_\_\_

### **Our Unique Approach to Finances at Moore Chiropractic**

Our patients pay for care “out of pocket” because insurance plans DO NOT COVER corrective or wellness care. For that reason, we utilize uniquely designed, discounted cash plans to allow you to receive all the care necessary at affordable fees. Our plans also allow **unlimited visits for a fixed fee**, similar to a health club. This gives our practice members the unique opportunity to maximize their results and regain and sustain their health and function without worrying about finances. These plans will be discussed with you on your second visit once we have determined your goals and the amount and type of care you need.

### **Insurance**

Insurance coverage varies greatly. We cannot predict whether your policy will reimburse you for any of the services we provide in our office. It is your responsibility to contact your insurance company to determine the amount and extent of coverage. If you determine that your insurance will reimburse you for chiropractic care in our office, we will provide you **with itemized monthly statements for you** to submit.

If you have had an **Auto Accident, a Worker’s Compensation Injury or a Personal Injury**:  
Have you been treated for injuries? Yes\_\_\_ No\_\_\_ If yes, where? \_\_\_\_\_  
What services were provided? \_\_\_\_\_

Name: (Printed) \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_

Signature of Parent (for minor): \_\_\_\_\_

Child’s Name: (Printed) \_\_\_\_\_

Parent or Legal Guardian’s Name: (Printed) \_\_\_\_\_

Date: \_\_\_\_\_

**Welcome and thank you for choosing Moore Chiropractic Office!**